



Preparing for Leaders Lab: Your Leadership Story

Wherever we are in our lives and careers, everyone in the Leaders Lab is on a leadership journey. What has shaped your journey?

During Session 1, each of us will share a short Leadership Story. You'll be invited to speak in a small group for 3-5 minutes about who you are as a leader and how you arrived at this moment.

Spend some time thinking about what you want to share. Challenge yourself to think beyond your resume and let your classmates get to know you as a person.

If you want some inspiration to get you started, try one of the questions below.

1. Recall some of the important experiences in your life and career. How have these moments influenced your path?
2. Think about your values. Why are these values important to you? How do they drive your interactions with others? How do they link to your work?
3. Reflect on what you're passionate about. What makes it so meaningful and exciting? How has it fueled your life and career?
4. What is your vision for the future? What strengths, values or experiences will help you move toward that vision?